



St Aidan's, Elmvale Acres

The Anglican Diocese of Ottawa

February 22, 2026

Welcome to St. Aidan's--we are blessed by your presence today! Hymns are found in the blue "Common Praise" book. We acknowledge that the land on which we gather is the traditional territory of the Algonquin Anishnaabeg People.

The Gathering of the Community

Hymn 170: The Glory of These Forty Days

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

Bless the Lord who forgives all our sins. **God's mercy endures for ever.**

Confession and Absolution

Dear friends in Christ, God is steadfast in love and infinite in mercy; God welcomes sinners and invites them to this table. Let us confess our sins, confident in God's forgiveness.

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

Spirit of the desert, you drove Jesus to the edge of the world to seek your truth and find his calling: scour our hearts and awaken our hunger, so that freed from empty clinging we may serve only you and the Creator; through Jesus Christ, the Lord of the wilds. **Amen.**

The Proclamation of the Word

A Reading from Genesis

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die." Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.' "But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

GENESIS 2:15-17; 3:1-7

Holy Word, Holy Wisdom. **Thanks be to God.**

Psalm 32

Happy are they whose transgressions are forgiven, **and whose sin is put away!**
Happy are they to whom the Lord imputes no guilt, **and in whose spirit there is no guile!**
While I held my tongue, my bones withered away, **because of my groaning all day long.**
For your hand was heavy upon me day and night; **my moisture was dried up as in the heat of summer.**
Then I acknowledged my sin to you, **and did not conceal my guilt.**
I said, "I will confess my transgressions to the Lord." **Then you forgave me the guilt of my sin.**
Therefore all the faithful **will make their prayers to you in time of trouble;**
When the great waters overflow, **they shall not reach them.**
You are my hiding-place; you preserve me from trouble; **you surround me with shouts of deliverance.**
"I will instruct you and teach you in the way that you should go; **I will guide you with my eye.**
Do not be like horse or mule, which have no understanding;
 who must be fitted with bit and bridle, or else they will not stay near you."
Great are the tribulations of the wicked; **but mercy embraces those who trust in the Lord.**
Be glad, you righteous, and rejoice in the Lord; **shout for joy, all who are true of heart.**

A Reading from Romans

Therefore, just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come. But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ. Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

ROMANS 5:12-19

Holy Word, Holy Wisdom. **Thanks be to God.**

Gospel Procession: **Bless the Lord, my soul, and bless God's holy name.**
 Bless the Lord, my soul, who leads me into life.

The Holy Gospel

The Lord be with you. **And also with you.**

The Holy Gospel of our Lord Jesus Christ, according to Matthew. **Glory to you, Lord Jesus Christ.**

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'One does not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, so that you will not dash your foot against a stone.'" Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendour; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written, 'Worship the Lord your God, and serve only him.'" Then the devil left him, and suddenly angels came and waited on him.

MATTHEW 4:1-11

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

Homily

Creed Hymn 44 (Tune 35)

The Prayers of the People

Response: God of our salvation, **Hear our prayer.**

We pray for Lynn, Lynn, Sandra, Karen, Linda, Sharron, Ian, Katie, Faith, Meredith, Joyce.

The peace of the Lord be always with you. **And also with you.**

Hymn 564: Lead Us, Heavenly Father, Lead Us

Thank you for your support by PAR, E-Transfers, or Envelopes. Tax Receipts for Offerings over \$20. Scan code to donate:



The Celebration of the Eucharist

Prayer over the Gifts

God our refuge and our strength, receive all we offer you this day, and through the death and resurrection of your Son transform us to his likeness. We ask this in his name. **Amen.**

Eucharistic Prayer Two

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

Let us give thanks to the Lord our God. **It is right to give our thanks and praise.** [...]

Now with all creation we raise our voices to proclaim the glory of your name.

(Sung) Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest. [...]

All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever. **Amen.**

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread

We break this bread, **Communion in Christ's body once broken.**

Let your Church be the wheat which bears its fruit in dying.

If we have died with him, we shall live with him; if we hold firm, we shall reign with him.

The Gifts of God for the People of God. **Thanks be to God.**

Lamb of God, you take away the sins of the world; have mercy on us. Lamb of God, you take away the sins of the world: have mercy on us. Lamb of God, you take away the sins of the world: grant us peace.

The Communion

For Communion from the Pews, tell our Sidesperson, or raise your hand; otherwise, Communion is offered at Altar Rail.

Prayer after Communion

Faithful God, in this holy bread you increase our faith and hope and love. Lead us in the path of Christ who is your Word of life. We ask this in his name. **Amen.**

May the God of mercy transform you by grace, and the blessing of God Almighty, Father, Son, and Holy Spirit, be among you and remain with you always. **Amen.**

Let us bless the Lord. **Thanks be to God.**

Hymn 175: Forty Days and Forty Nights

After worship, all are welcome to Coffee Time in Lindisfarne Hall!

Annual Vestry Meeting Today: Please join St Aidan's for our Annual General Meeting (Vestry) after the 9:30 service! You are eligible to vote at Vestry if you are 16 years of age or older, a regular worshipper at St Aidan's, do not intend to vote at another congregation's Vestry this year, and make regular financial contributions to this parish. All who care about St Aidan's are encouraged to attend.

Thanks to all who organized and attended St Aidan's Pancake Dinner! It was a delicious meal, with wonderful fellowship, \$1,090 was raised. This year's winner of the Pancake Race was one of the Scouts!

Lenten Outreach Project - Arch Street School Clothing Drive: See today's handout for details!

Lenten Coin Challenge: The Wednesday Gang were recalling the Lenten coin folders of years gone by and have come up with a modern day version to support St Aidan's ministry and mission. They would like to challenge everyone to give up a dollar a day throughout Lent and will provide you with a coin jar to collect your givings for our Parish. Put your name on your jar and we will make sure that you get a charitable donation receipt as well. Jars will be available on Vestry Sunday and should be returned during Holy Week.

Joint Lenten Bible Study: Join St Aidan's and Martin Luther Church as we explore the Sunday Gospel readings! Every Thursday in March at 11:00 am (March 5: St Aidan's, March 12: Martin Luther, March 19: Martin Luther, March 26: St Aidan's).

Lenten Workbook: Interested in a deeper journey through Lent? Free copies of a special Workbook and Devotional called "Oh, Love, How Deep" are available in the small pamphlet shelf just beside our Office Administrator's door!

New to St Aidan's? Thank you for joining St Aidan's on our journey of faith together; your presence is a blessing from God! If you would like to receive St Aidan's Weekly e-newsletter or get more involved, please speak with Rev. Rosemary or our Greeters, and complete a "New Parishioner" form.

St Aidan's Sunday School: Our next gathering is March 1st at 9:30 am, in Lindisfarne Hall!

St Aidan's Book Study on "Desire of the Everlasting Hills": Next session March 7th.

Ways to Give:

- Pre-Authorized Giving (PAR): To join PAR or change your amount, contact St Aidan's Office for the PAR form.
- E-Transfer: Through your online banking, send an e-Transfer to staidans.ottawa@outlook.com.
- Pew or Box Envelope: Be sure to write your Name and Address on the Envelope, so we can record it properly.
- Canada Helps: Visit canadahelps.org, and donate to "St. Aidan's Anglican Church, Ottawa".
- Donations of Securities, or to Endowment Fund: Speak with Rev. Rosemary or Margaret Bradford.

All are welcome on Wednesdays for BCP Eucharist at 10:00 am, and/or Coffee Time at 10:30 am!

Celebrant: Rev. Rosemary Parker
Music Director: Téa Mamaladze
Reader: Bolanle Balogun
Intercessor: Irene Fonte
Server: Nancy Gover
Lay Administrator: Debbie Trickey
Greeter: Achol Majok
Sidespeople: Phil Charko

St Aidan's, Elmvale Acres
The Anglican Diocese of Ottawa
934 Hamlet Rd., Ottawa ON, K1G 1S9
Office: 613-733-0102 or staidans.ottawa@outlook.com
Office Hours: Please contact.

Rev. Rosemary Parker: 613-733-1509 or rev.rparker@outlook.com
Wardens: Nancy Gover, Claire Chapdelaine, and Phil Charko