

*Welcome to St. Aidan's--we are blessed by your presence today! Hymns are found in the blue "Common Praise" book.
We acknowledge that the land on which we gather is the traditional territory of the Algonquin Anishnaabeg People.*

The Gathering of the Community

Hymn: Here I am Lord

1. I the Lord of sea and sky
I have heard my people cry
All who dwell in dark and sin
My hand will save
I who made the stars of night
I will make their darkness bright
Who will bear my light to them?
Whom shall I send? **Refrain**

2. I the Lord of snow and rain
I have borne my people's pain
I have wept for love of them
They turn away
I will break their hearts of stone
Give them hearts for love alone
I will speak my word to them
Whom shall I send? **Refrain**

Refrain: Here I am, Lord, is it I Lord?
I have heard you calling in the night
I will go, Lord, if you lead me
I will hold your people in my heart

3. I the Lord of wind and flame
I will tend the poor and lame
I will set a feast for them
My hand will save
Finest bread I will provide
Till their hearts be satisfied
I will give my life to them
Whom shall I send? **Refrain**

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Opening Responses

Lord, open our lips, **And our mouth shall proclaim your praise.**
O God, make speed to save us. **O Lord, make haste to help us.**

**Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.**

Jubilate

Be joyful in the Lord, all you lands; serve the Lord with gladness and come before his presence with a song. Know this: The Lord himself is God; he himself has made us, and we are his; we are his people and the sheep of his pasture. Enter his gates with thanksgiving; go into his courts with praise; give thanks to him and call upon his name. For the Lord is good; his mercy is everlasting; and his faithfulness endures from age to age.

The Proclamation of the Word

A Reading from Exodus

Now a new king arose over Egypt, who did not know Joseph. He said to his people, "Look, the Israelite people are more numerous and more powerful than we. Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land." Therefore they set taskmasters over them to oppress them with forced labour. They built supply cities, Pithom and Rameses, for Pharaoh. But the more they were oppressed, the more they multiplied and spread, so that the Egyptians came to dread the Israelites. The Egyptians became ruthless in imposing tasks on the Israelites, and made their lives bitter with hard service in mortar and brick and in every kind of field labour. They were ruthless in all the tasks that they imposed on them. The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, "When you act as midwives to the Hebrew women, and see them

on the birthstool, if it is a boy, kill him; but if it is a girl, she shall live." But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. So the king of Egypt summoned the midwives and said to them, "Why have you done this, and allowed the boys to live?" The midwives said to Pharaoh, "Because the Hebrew women are not like the Egyptian women; for they are vigorous and give birth before the midwife comes to them." So God dealt well with the midwives; and the people multiplied and became very strong. And because the midwives feared God, he gave them families. Then Pharaoh commanded all his people, "Every boy that is born to the Hebrews you shall throw into the Nile, but you shall let every girl live." Now a man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him. The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him, "This must be one of the Hebrews' children," she said. Then his sister said to Pharaoh's daughter, "Shall I go and get you a nurse from the Hebrew women to nurse the child for you?" Pharaoh's daughter said to her, "Yes." So the girl went and called the child's mother. Pharaoh's daughter said to her, "Take this child and nurse it for me, and I will give you your wages." So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, "because," she said, "I drew him out of the water."

EXODUS 1:8-2:10

Holy Word, Holy Wisdom. **Thanks be to God.**

Psalm 124

If the Lord had not been on our side, **let Israel now say;**
If the Lord had not been on our side, **when enemies rose up against us;**
Then would they have swallowed us up alive **in their fierce anger toward us;**
Then would the waters have overwhelmed us **and the torrent gone over us;**
Then would the raging waters **have gone right over us.**
Blessed be the Lord **who has not given us over to be a prey for their teeth.**
We have escaped like a bird from the snare of the fowler; **the snare is broken, and we have escaped.**
Our help is in the name of the Lord, **the maker of heaven and earth.**

A Reading from Romans

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God - what is good and acceptable and perfect. For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgement, each according to the measure of faith that God has assigned. For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

ROMANS 12:1-8

Holy Word, Holy Wisdom. **Thanks be to God.**

The Holy Gospel

The Lord be with you. **And also with you.**
The Holy Gospel of our Lord Jesus Christ, according to Matthew. **Glory to you, Lord Jesus Christ.**

Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?" And they said, "Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets." He said to them, "But who do you say that I am?" Simon Peter answered, "You are the Messiah, the Son of the living God." And Jesus answered him, "Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven." Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

MATTHEW 16:13-20

The Gospel of Christ. **Praise to you, Lord Jesus Christ.**

Homily

The Apostles Creed

Let us confess the faith of our baptism, as we say,
I believe in God, the Father almighty, creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit, and born of the Virgin Mary.
He suffered under Pontius Pilate, was crucified, died, and was buried.
He descended to the dead. On the third day he rose again.
He ascended into heaven, and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit, the holy catholic Church,
the communion of saints, the forgiveness of sins,
the resurrection of the body, and the life everlasting. Amen.

The Prayers of the People

Response: Let us pray to the Lord. **Lord, hear and have mercy.**

We pray for Lynn, Sandra, Meredith, Joan, Ria, David, Joyce, Terence, Olu.

The Peace

The Peace of the Lord be always with you. **And also with you.**

Hymn 352: Amazing Grace

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Prayer of Thanksgiving

Accept, O Lord, our thanks and praise for all you have done for us.
We thank you for the splendour of the whole creation,
for the beauty of this world, for the wonder of life, and for the mystery of love.
We thank you for the blessing of family and friends,
and for the loving care which surrounds us on every side.
We thank you for setting us tasks which demand our best efforts,
and for leading us to accomplishments which satisfy and delight us.
We thank you also for those disappointments and failures
that lead us to acknowledge our dependence on you alone.
Above all, we thank you for your Son Jesus Christ;
for the truth of his word and the example of his life;
for his steadfast obedience, by which he overcame temptation;
for his dying, through which he overcame death; for his rising to life again,
in which we are raised to the life of your kingdom.
Grant us the gift of your Spirit, that we may know Christ and make him known;
and through him, at all times and in all places, may give thanks to you in all things. Amen.

Collect of the Day

O God, with all your faithful followers of every age, we praise you, the rock of our life. Be our strong foundation and form us into the body of your Son, so that we may gladly minister to all the world, through Jesus Christ, our Saviour and Lord. **Amen.**

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Blessing and Dismissal

Let us bless the Lord. **Thanks be to God.**

Hymn: Go Now In Peace

Go now in peace, Never be afraid,
God will go with you each hour of every day
Go now in faith, steadfast, strong and true.
Know he will guide you in all you do.

Go now in love, And show you believe.
Reach out to others so all the world can see.
God will be there watching from above.
Go now in peace, in faith, and in love.

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Morning Prayer: While Rev. Rosemary is on vacation, Nancy Gover will lead Morning Prayer on Sundays at 9:30 am.

Church Heating Update: Work continues on the specifications to replace the Air Handling unit of the church heating system. The preliminary total cost of the project is still estimated to be between \$60,000 and \$70,000. A funding campaign "Warm Hearts, Warm Church" will be initiated in the fall. We are very grateful that some pledges and donations have already been promised to the value of \$51,800. We hope that parishioners, to the extent that they are able, will support our fund-raising effort. More information on the project costs and timelines, as well as the fund-raising campaign will be provided as soon. Do not hesitate to talk to Claire Chapdelaine, Phil Charko, or Kathryn Noel if you have any comments or questions.

Centre 454: The City has told Centre 454 that it must leave its current location by the end of this year to continue receiving financial support. Since opening in 1978, Centre 454 is open daily and has provided essential drop-in services to people experiencing homelessness, including meals, showers, laundry, internet access and secure lockers. Centre 454 is asking for support in requesting an extension to allow more time to find a suitable new location. Please visit belongottawa.ca/blog/centre454advocacy/ to show your support.

Holidays: Rev. Rosemary is on holidays from July 27th to August 25th. During that time, please contact our Wardens or Parish Office with any practical or pastoral concerns. Claire Chapdelaine (613-255-7151), Phil Charko (613-724-7502), or Kathryn Noel (613-292-4902).

St Aidan's Prayer Chain: Over the summer months, confidential prayer requests may be given to Barbara Allan (613 731-7350) or Karen Mattioli (613-733-5434). They will activate St. Aidan's Prayer Chain so others can join in intercession for those in need.

Yuletide Bazaar: The Bazaar is Saturday November 14th. Please keep the Bazaar in mind when you are making your jams and preserves this summer. If you are doing any sorting or cleaning of cupboards please remember "The Boutique" for items like jewelry, scarves, purses, belts or other gently used fashion accessories for women or men (no clothing please). Also please think about items for the Silent and Online auctions.

St Aidan's Office: Will be on a flexible schedule until Wednesday September 9th. Voicemail and email will be monitored.

St Aidan's Sunday School: Our next gathering is September 13 am, in Lindisfarne Hall!

Officiant: Nancy Gover, Lay Reader
Reader: Bolanle Balogun
Intercessor: Les Cooper
Greeters: Linda Hannah & Cheryl Dinelle

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